

MusiCares Healthy Essentials

In celebration of World Voice Day 2013 MusiCares is proud to present a FREE one-of-a-kind workshop for voice professionals

“Your Voice!”

SATURDAY, APRIL 6, 2013

1pm - 4pm

The Recording Academy
3030 Olympic Boulevard
Santa Monica, CA 90404
310) 392-3777

Come prepared to learn about the inner-workings of your “voice”, plus discover what you can do to not only protect your instrument, but to realize its potential!

Topics will include:

The Anatomy of the Singing Voice & When Vocal Injuries Occur - Prevention and Treatment
Presented by Dr. Reena Gupta, MD FACS, Director, Voice and Swallowing Center, Osborne Head and Neck Institute

Pilates2Voice[®]: Demystifying the Voice-Core Connection™
Presented by Dr. Veera Asher, DMA, Pilates2Voice[®]

Dress casual, or in comfy exercise gear, because this workshop will not only be informative, but interactive too! Individual testing stations will be available for attendees to assess their own core power and strength.

**Attendees will also have the first opportunity to register for free voice screenings and scopes to be conducted by Osborne Head & Neck Institute later in April! Further details will be available at the workshop.*

Space is limited. Please RSVP by calling:

1-800-687-4227

or online at:

<http://musicaresvocalhealth2013.eventbrite.com>

*The workshop is free and open to singers, actors and other voice professionals, as well as guests. * To qualify for a free vocal screening an individual must be a vocalist/musician with at least five years professional career history, or at least six commercially released recording credits.*

West: 3030 Olympic Blvd., Santa Monica, CA 90404 • 800.687.4227

South: 1904 Wedgewood Ave., Nashville, TN 37212 • 877.626.2748

East: 11 West 42nd St., 27th Floor, New York, NY 10036 • 877.303.6962



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